



November 2023 issue

Back by popular demand! The newsletter returns for a two-month trial. Do please send in your feedback. Do you enjoy the newsletter? Would you like it to continue into 2024 and beyond? Email: thebertoneastbridgenews@gmail.com

Suffolk Association of Local Councils - Town and Village of the Year Awards 2023

The Suffolk Community Awards ceremony was held at the Food Museum Stowmarket on 25th September.

Theberton and Eastbridge Parish Council were awarded a Highly Commended certificate which was presented by Cllr Katie Graham (East Suffolk District Council) to Cllr Hilary Ward on behalf of the Parish Council.

Christmas Tree Festival



This year's Festival will be held on Saturday 9th and Sunday 10th December from 11.00 to 4.00pm alongside the Christmas Bazaar. Every year you all manage to make our church look spectacular and Joan is hoping for your support once again. Any size decorated tree is wanted whether it's 6 inches or 6ft. If you are new to the village and would like to know more, please give Joan a ring for more details.

Tel: 830710



Thank you to all who supported our Macmillan Coffee Day at the village hall, we raised a huge £700!

We couldn't have done it without your help, thanks again.

Sally & Shell

Up and coming events:

Children's Christmas Party on 2nd Dec in the Jubilee hall, more info to follow.

Theberton and Eastbridge Parish Council Update

Theberton and Eastbridge Parish Council have been at the forefront of discussions with EDF SZC to minimise impacts on both villages, these include:

- Considerable changes to allowed traffic movements on both Potters Street and Onners Lane and traffic priorities at Flash Corner
- Potters Street junction with the existing B1122 will become a no exit junction
- Pretty Road will have a vehicle flyover across the Sizewell Link Road, an upgrade from the previously proposed foot/cycle/livestock bridge. This will be the only vehicle crossing for the SLR between its junction with the A12 and the SZC site entrance.
- There will be no pedestrian crossing on the B1122 in Theberton to ensure that streetlights are not introduced within the village.
- The B1122 through Theberton will have a 20mph speed limit for at least the early years before the SLR is complete.
- Eastbridge will get a permanent 30mph speed limit through the village on all roads.
- Improvements and expansion of the Property Price Support Scheme to support householders who have been affected by SZC blight and our concerns have been raised with Minister Andrew Bowie in the context of all the various energy schemes proposed in the area.

As a parish we have a current precept of £7,600 but over the past five years we have raised a total of £58,000 in grant funding to:

- improve common land access tracks.
- completely replaced the playground equipment at Eastbridge.
- adding additional equipment to the Theberton playing field alongside a pétanque pitch.
- we are in the process of creating a Heritage Trail around the two villages with information panels at significant village locations, with funds coming from a generous donation from a parish householder.

We have also provided two defibrillator installations, one at The Lion in Theberton and a second at the Eel's Foot in Eastbridge.

Next parish council meeting: Wednesday 8th November 2023 at the Jubilee Hall

Stop Sizewell C Update

Exhibition: Threatened Landscapes, Threatened Lives 13 - 19 November 11 - 5 daily, Aldeburgh Beach Lookout, 31 Crag Path IP15 5BS. Come and enjoy an exhibition of art, poetry, photography and film to draw attention to and document the landscapes and lives that will be changed for the worse by Sizewell C. Exhibitors include artists from our own parish!

Poetry evening Wednesday 15 November 7-9pm. Free entry. More information at www.stopsizewellc.org/art. (Sadly The Lookout has no wheelchair access)

Take Action to Stop Sizewell C

Here are two online actions you can take to oppose Sizewell C, which are quick and easy to do. Links to both are on our homepage www.stopsizewellc.org.

1. Send emails to Rishi Sunak and Jeremy Hunt asking them to cancel Sizewell C
2. Ask your pension fund not to invest in Sizewell C.

Finally if you are in **Ipswich 25/ 26 November** come and say hello - we will be at Lush, 33 Tavern Street, all weekend.

Theberton & Eastbridge Flower & Produce Show - Cup Winners 2023



The Lampard Cup
(vegetable classes)
Brian Ash

The Charlie Johnson Memorial Shield
(most entries in all classes)
Steve Glenn

The Rita Thompson Memorial Trophy
(most points in all classes)
Fred Ginger

The Norman Thompson Challenge Cup
(vegetable classes, village resident)
Brian Ash

The Flower Cup
Fred Ginger

Len Clow Challenge Cup
(flower classes)
Joan Harvey

The Rose Cup
Joan Harvey

The Flower Arrangement Cup
Joan Harvey

The Wine Shield
Leaf Kalfaven

The Cookery Cup
Steve Glenn

The Margaret and Richard White Cup
(craft classes)
Judith Croton

Men's Fruit Cake Prize
Fred Ginger

Theberton and Eastbridge Good Neighbours

On a very wet Friday, Julie Glenn attended the launch of The Live Well hub based at the Town Council offices, Waterloo Centre Leiston. This hub covers the local areas served by both Leiston GP Surgery and Saxmundham Health. If successful, it will be rolled out to other locations in Suffolk. The hub has been set up by a consortium from the Integrated Neighbourhood Teams (INT), East Suffolk and North Essex NHS Foundation Trust, Suffolk County Council, Leiston Town Council and East Suffolk Council. Its aim is to promote Health and Wellbeing support to the local community by providing accommodation for services and a programme of support. The premise of the hub is to bring together smaller local community groups as well as larger statutory groups to provide support for all levels of need in the area from low to high, including staff trained in mental health first aid.

At the launch, a wide range of these service providers were in attendance. From support for pregnant women, new Mums, through to elderly support offered by larger providers like The Alzheimer's Society and local providers such as Christie's Care and The Warden's Trust. There was also a range of service providers offering support to those with debt issues, drug and alcohol related issues, managing stress and depression, loneliness and isolation in addition to exercise and nutrition support.

The hub will provide confidential spaces for these different service providers all under one roof and each week there is a timetable available of who is in attendance, for instance every Wednesday at 12.30 there is a seated exercise class. For more information, you can ring, email or pop into the hub. It is open Mondays, Wednesdays and Fridays 10am to 4pm. Ring on 01728 830338 or 07955437070 or email livewell@leistoncouncil.gov.uk

Come and Join us.

Burning of the Guy & Fireworks Display

<i>Saturday</i> 4th November 2023	Theberton Village Playing Field	<i>Entry at</i> 6pm fireworks at 6:30pm
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Free Entry

Burgers, Hot Dogs & Hot Drinks Available.

All Welcome

All donations and proceeds towards the Jubilee Village Hall.
Registered Charity: 268194



What's On at the Church in November

Remembrance Sunday 12th November
Please join the people of the village to remember those who gave their lives so we could be free. At the War Memorial at 10:50am followed by a short service in the church.

What's On at the Church in December

Christmas Tree Festival Saturday and Sunday 9th & 10th December

Taize service set amid the Christmas trees Sunday 10th December at 9:30am

Carols around the Christmas tree Wednesday 13th December at 6:30pm with mulled wine and tasty nibbles, come and sing, chat and wrap up warm.

Crib and carols for all the family Sunday 24th December at 3:30pm
Christmas Eve
Come and start your celebrations here.

Holy Communion Monday 25th December 9:30 Christmas Day

Healing Service Sunday 31st December 9:30am
New Year's Eve with reflections of the year just gone and prayers for hope in the year to come.